

**West Linn Primary Care**  
**Health History Questionnaire**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Marital Status: \_\_\_\_\_

Occupation: \_\_\_\_\_ Previous/Referring Physician: \_\_\_\_\_

**PAST MEDICAL HISTORY**

Do you have, or have you had in the past, any of the following conditions: (please circle)

- |                     |                     |                      |              |
|---------------------|---------------------|----------------------|--------------|
| Anxiety             | Heart Disease       | Osteoporosis         | Tuberculosis |
| Asthma              | Hepatitis           | Rheumatoid Arthritis | STD          |
| Depression          | High Blood Pressure | Seizure Disorder     | Diabetes     |
| GERD                | High Cholesterol    | Stroke               | Glaucoma     |
| Heart Attack        | Kidney Disease      | Thyroid Disease      | Anemia       |
| Cancer – type _____ |                     | Anemia               | Blood Clots  |
| Migraine            | Alcoholism          | Other _____          |              |

**SURGICAL HISTORY**

Please list any surgeries you have had with the dates performed:

\_\_\_\_\_  
\_\_\_\_\_

**CURRENT MEDICATIONS**

Please list any prescription, over-the-counter, vitamins, and supplements including the dose:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**ALLERGIES**

Please list reactions that you have had to medications and what happened:\_\_\_\_\_

\_\_\_\_\_

Allergies to anything else?\_\_\_\_\_

**HABITS**

*Cigarettes/Tobacco?* Y N If yes, how much?\_\_\_\_\_ How long?\_\_\_\_\_ Type?\_\_\_\_\_

*Alcohol?* Y N If yes, how much?\_\_\_\_\_ How often?\_\_\_\_\_ Type?\_\_\_\_\_

*Recreational or "Street drugs"*(including marijuana, cocaine, meth, ecstasy, heroin)? Y N

If yes, what type?\_\_\_\_\_ How much?\_\_\_\_\_ How often?\_\_\_\_\_

**PREVENTATIVE HEALTH**

Tetanus shot? Y N If yes, when?\_\_\_\_\_ Flu shot? Y N If yes, when?\_\_\_\_\_

Pneumonia shot? Y N When?\_\_\_\_\_ Test for colon cancer? Y N When?\_\_\_\_\_

**WOMEN:** Date of last pap smear?\_\_\_\_\_ Normal? Y N Last mammogram?\_\_\_\_\_

Normal? Y N Date of last menstrual period?\_\_\_\_\_ Regular?\_\_\_ Irregular?\_\_\_

**MEN:** Date of last prostate exam?\_\_\_\_\_ Normal? Y N

**FAMILY HISTORY**

Relationship:	Living:	Age:	Significant Health Problems:
Mother	Y N	_____	_____
Father	Y N	_____	_____
Sibling	Y N	_____	_____
Sibling	Y N	_____	_____
Paternal Grandfather	Y N	_____	_____
Paternal Grandmother	Y N	_____	_____
Maternal Grandfather	Y N	_____	_____
Maternal Grandmother	Y N	_____	_____

Children                    Y   N        \_\_\_\_\_

\_\_\_\_\_                    Y   N        \_\_\_\_\_

\_\_\_\_\_                    Y   N        \_\_\_\_\_

**REVIEW OF SYSTEMS**

Please circle any of these that apply to you or write in any that are not listed.

General:	Fever, chills, night sweats, fatigue, weakness, weight loss, sleep problems, poor concentration
Psychological:	Depression, anxiety, memory loss, phobias, confusion, anger_____
Eyes:	Blurred or double vision, dryness, pain, vision loss, wear glasses or contacts
Ears, Nose, Throat:	Pain, popping, ringing in ears, hearing loss, nasal congestion, nose bleeds, sore throat, hoarseness, snoring, excessive ear wax_____
Cardiovascular:	Chest pain, palpitations, light headedness, shortness of breath with walking, difficulty sleeping flat, heart disease, leg or ankle swelling_____
Respiratory:	Cough, shortness of breath at rest, excessive phlegm, bloody phlegm, wheezing, asthma
Gastrointestinal:	Nausea, vomiting, diarrhea, constipation, change in bowel habits, abdominal pain, blood in stool, blood in vomit, gas, bloating, indigestion/heartburn, ulcers, hernia_____
For Men:	Painful or frequent urination, blood in urine, discharge from penis, testicle pain or swelling, difficulty achieving or maintaining erections, pain with ejaculation, history of STD's_____
For Women:	Vaginal discharge, painful urination, blood in urine, frequent urination, irregular/painful/heavy menses, pain/bleeding with intercourse, history of STD's
Muscles and Joints:	Back pain, joint pain, joint swelling, muscle cramps or pain, muscle weakness, arthritis, broken bones, dislocations, cold/blue fingers/toes____
Skin:	Rash, itching, dryness, moles, acne, flaky scalp, skin cancer_____
Neurological:	Numbness or tingling, seizures, tremors, dizziness, faintness, frequent falls, frequent headaches, difficulty walking, memory loss_____
Endocrine:	Cold or heat intolerance, excessive thirst, excessive urination, unusual weight change
Blood:	Abnormal bruising, abnormal bleeding, anemia, enlarged or swollen glands

